

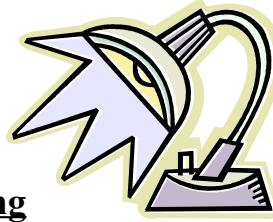


Steven's Picks: Spot Light

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Putting



Jim Hardy on Putting

In spring of 2008, Jim Hardy released his latest DVD, “Secrets from the Plane Truth Vault #9: Putting”. On this DVD, Jim describes techniques for putting with a short putter, a belly putter, and a long putter.

Jim says that “clubface stabilization relative to the arms” is a key to good putting with the short putter. He says that when he was younger, he putted poorly, and that a line across his forearms pointed to the left of the hole when his clubface pointed at the hole. He later found that his forearms lined up better with his putter head when he made two changes. The first change was a slight bump of the left hip 2 or 3 inches to the left at address. The second change was to have the right forearm at address a little closer to the body. By making these two changes, a line across the forearms might point at the hole or even a little to the right of the hole. This address position helped him to release the putter head during the stroke. A release of the putter head means that the head of the putter will catch up and pass the handle of the putter during the forward stroke. A release of the putter head also means that the face of the putter will appear to go from an open to a closed appearance during the forward stroke. When you first try to putt using this technique, you may find that you hit the ball too far, since you now have an active release of the putter head. Continue to release the putter head, but simply swing a little softer so the ball does not go so far.

Jim Hardy also talks about the belly putter and the long putter on this DVD.

I would recommend that you purchase his DVD so you can learn the details of his putting techniques. You can go to www.JIMHARDYGOLF.com to order this DVD, and other wonderful DVDs from his instructional series of DVDs.

Dr. Steven Vig is an SAJGA Board Member

SAJGA practices with Steven Vig are every Sunday from 5:30pm-6:30pm at the Randolph Golf Complex practice range, the cost is 5 dollars (includes range balls). No registration is required.